

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30—Bus to the Basilica of Saint Andrew—L 10:30—Joy Ride—L 1:30—Exercise Video—Theater 1:30—Sunday Service with Chaplain Lorie—Chapel 3:00—Guitar Music with Evelyn—L</p> <p style="text-align: right;">1</p>	<p>10:00—Exercise and News—Theater 1:30—Setting Up the Christmas Nativity, through Story & Music with Chaplain Lorie—Chapel 2:30—Monday Mad Libs—Theater 3:30—Roanoke Catholic Christmas Dance Recital—Chapel 5:45—Outing to Raleigh Court Presbyterian Church where the Roanoke Valley Choral Society presents “Merry and Bright-Holiday Memories”—L</p> <p style="text-align: right;">2</p>	<p>10:00—Drum Fit—C 2:00—Cat Visits with Jason—Theater 3:15—BINGO—Theater 6:00—Outing to Hidden Valley High School where the Roanoke Valley Community Band presents A New Twist on Jingle Bells—L</p> <p style="text-align: right;">3</p>	<p>10:00—Chair Yoga—Theater 1:00—Rosary Prayer Group—Chapel 1:00—Board Games & Card Games—L 1:00—Knitting & Crochet Group—AR 2:00—Crafty Creation with Hannah and Karen—Theater 3:00—Wednesday Word Games—Theater 5:00—\$ Men’s Outing to Dinner at Brambleton Deli—L \$</p> <p style="text-align: right;">4</p>	<p>10:00—Catholic Mass—Chapel 10:45—Dancercise—Theater 1:00—Nail Polishing—AR 1:00—Adult Coloring—L 1:30—\$ Outing to Walmart—L \$ 2:00—Cooking with Kev and Andre—Theater 3:00—Conversations Around the Advent Wreath: Hope—Theater</p> <p style="text-align: right;">5</p>	<p>10:00—Noodle Ball—C 1:30—BINGO—Theater 3:00—Finish the Phrase Word Games—Theater</p> <p style="text-align: right;">6</p>	<p>10:30—Sit and Be Fit—Theater 1:00—Saturday Matinee—Theater 3:00—Fun Activity with the Middle School Youth Group from the Basilica of St. Andrew—Theater</p> <p style="text-align: right;">7</p>
<p>8:30—Bus to the Basilica of Saint Andrew—L 10:30—Joy Ride—L 1:30—Exercise Video—Theater 1:30—Sunday Service with Chaplain Lorie—Chapel 3:00—Fun Christmas Traditions in other Countries—Theater</p> <p style="text-align: right;">8</p>	<p>10:00—Exercise and News—Theater 11:30—Bus to the Basilica of Saint Andrew for the Immaculate Conception—L 1:30—Bible Study with Chaplain Lorie—Chapel 2:00—Making Christmas Cards with Anna—Theater 3:15—Donuts & Discussion—Theater</p> <p style="text-align: center; color: red;">Pastry Day</p> <p style="text-align: right;">9</p>	<p>10:00—Sittercise—L 1:00—Master Gardeners—Theater 2:30—Music with SammyP—L 6:30—Emmaus Bible Fellowship and Hymns—L</p> <p style="text-align: right;">10</p>	<p>10:00—Chair Yoga—Theater 1:00—Knitting & Crochet Group—AR 2:00—Crafty Creation with Hannah and Karen—Theater 3:00—Board Games & Card Games—Theater 5:00-7:00—Valley Christmas Open House—L</p> <p style="text-align: right;">11</p>	<p>10:00—Catholic Mass—Chapel 10:30—Carols with Northside Middle School Choir—C 1:00—Nail Polishing—AR 1:00—Adult Coloring—L 1:00—Outing to Hotel Roanoke for the Fashion of Evergreens—L 2:00—Dancercise—Theater 3:00—Conversations Around the Advent Wreath: Peace—Theater</p> <p style="text-align: right;">12</p>	<p>10:00—Noodle Ball—C 10:00—Outing to Covenant Presbyterian for a Christmas Concert—L 1:00—BINGO—Theater 2:15—Music Therapy with Jane from Allegro—L</p> <p style="text-align: right;">13</p>	<p>10:00—Sit and Be Fit—Theater 1:00—Saturday Matinee—Theater 3:00—Christmas Music Trivia—Theater</p> <p style="text-align: right;">14</p>
<p>8:30—Bus to the Basilica of Saint Andrew—L 10:30—Joy Ride—L 1:30—Exercise Video—Theater 3:00—Bible Jeopardy—Theater</p> <p style="text-align: right;">15</p>	<p>10:00—Exercise and News—Theater 1:00—The Birth of Christ from a Historical Perspective—Theater 2:00—Christmas Cheer with Special Guests Santa & Mrs. Claus—L 5:00—Outing to Look at Christmas Lights—L 6:30—Outing to Look at Christmas Lights—L</p> <p style="text-align: right;">16</p>	<p>10:00—Drum Fit—C 1:00—Arts & Crafts with Paul Mitchell School of Roanoke—Theater 3:00—BINGO—Theater</p> <p style="text-align: right;">17</p>	<p>10:00—Chair Yoga—Theater 1:00—Rosary Prayer Group—Chapel 1:00—Board Games & Card Games—L 1:00—Knitting & Crochet Group—AR 2:00—Crafty Creation with Hannah and Karen—Theater 2:15—Pet Visits—L 3:30—Classic Radio Hour with Josh Urban!—L 6:00—Holiday Matinee: Elf and Eggnog—L</p> <p style="text-align: right;">18</p>	<p>10:00—Catholic Mass—Chapel 10:45—Dancercise—Theater 1:00—Nail Polishing—AR 1:00—Adult Coloring—L 1:30—\$ Outing to Walmart—L \$ 2:00—The History of our American Traditions—Theater 3:00—Conversations Around the Advent Wreath: Joy—Theater</p> <p style="text-align: right;">19</p>	<p>10:00—Noodle Ball—C 11:00—\$ Women’s Outing to Lunch at Brambleton Deli—L \$ 1:00—Music with The Brothers Young Christmas Performance—Theater 2:30—BINGO—Theater</p> <p style="text-align: right;">20</p>	<p>10:00—Sit and Be Fit—Theater 1:00—Saturday Matinee—Theater 3:00—All About Winter—Theater</p> <p style="text-align: right;">21</p> <p style="text-align: right; font-size: small;">Winter Begins</p>
<p>8:30—Bus to the Basilica of Saint Andrew—L 10:30—Joy Ride—L 1:30—Exercise Video—Theater 1:30—Sunday Service with Chaplain Lorie—Chapel 3:00—Reindeer Games—Theater</p> <p style="text-align: right;">22</p>	<p>10:00—Exercise and News—Theater 10:45—Food Committee Meeting—AR 1:30—Christmas Eve Eve Candlelight Service with Chaplain Lorie—Chapel 2:30—Holiday BINGO—Theater</p> <p style="text-align: center; color: green;">Scents of the Season Day/Creative Candy Cane Day</p> <p style="text-align: right;">23</p>	<p>10:00—Sittercise—L 1:30—BINGO—Theater 3:00—Music with Amy Andrews—L 6:30—Emmaus Bible Fellowship and Hymns—L</p> <p style="text-align: right;">24</p>	<p>9:30—Bus to the Basilica of Saint Andrew for Christmas Mass—L 10:00—Chair Yoga—Theater 2:00—Christmas Fun—Theater</p> <p style="text-align: right;">25</p> <p style="text-align: center; font-size: small;">Christmas Hanukkah Begins</p>	<p>10:00—Dancercise—Theater 1:00—Nail Polishing—AR 1:00—Adult Coloring—L 1:30—\$ Outing to 2:00—Finishers Word Games—Theater 3:00—Conversations Around the Advent Wreath: Love—Theater 6:00—Music with Marc Baskind!—L</p> <p style="text-align: right;">26</p> <p style="text-align: center; font-size: small;">Boxing Day (Canada) Kwanzaa Begins</p>	<p>10:00—Noodle Ball—C 1:30—BINGO—Theater 3:00—Friday Fun—Theater</p> <p style="text-align: right;">27</p>	<p>10:00—Sit and Be Fit—Theater 1:00—Saturday Matinee—Theater 3:00—Coffee & Conversation—L</p> <p style="text-align: right;">28</p>
<p>1:30—Exercise Video—Theater 1:30—Sunday Service with Chaplain Lorie—Chapel 3:00—Bible Trivia—Theater</p> <p style="text-align: right;">29</p>	<p>10:00—Exercise and News—Theater 10:45—Resident Council Meeting—AR 1:30—Bible Study with Chaplain Lorie—Chapel 2:30—Monday Mind Joggers—Theater</p> <p style="text-align: right;">30</p>	<p>10:00—Drum Fit—C 2:00—Champagne Toast & More—L</p> <p style="text-align: center; color: red;">National Champagne Day</p> <p style="text-align: center; font-size: x-small;">New Year’s Eve</p> <p style="text-align: right;">31</p>	 <p style="font-size: 2em; color: green; margin: 0;">DECEMBER 2024</p> <p style="font-size: 1.5em; color: black; margin: 0;">Assisted Living</p>			

Activities are subject to change—changes posted on daily activity sheet. ***Location Key: L—Lobby, C—Conservatory, AR—Activity Room, Theater—2nd Floor, Chapel—3rd Floor***