

# Serving Seniors for Over 35 Years

650 North Jefferson Street • Roanoke, VA 24016 • 540-345-5111

*Our Lady*  
OF THE VALLEY

## INTRODUCING OMA

Opening Minds through Art— also known as “OMA”—is an award-winning, intergenerational art program designed specifically for those with memory loss. OMA connects seniors and volunteers to create one-of-a-kind, abstract works. The program provides failure-free opportunities for creative self-expression and socialization. We are excited about the recent launch of OMA in our community, allowing us to nurture the creativity of our budding artists!



*CNA Chasity  
Prosperi and  
Audrey Page.*

*Volunteer Joan  
Devlin assists artist  
Barbara Markham.*



*Sandra Gregory  
with Volunteer  
Gerry Minter.*



*Artwork from our talented  
residents is displayed in the  
Christopher Center.*



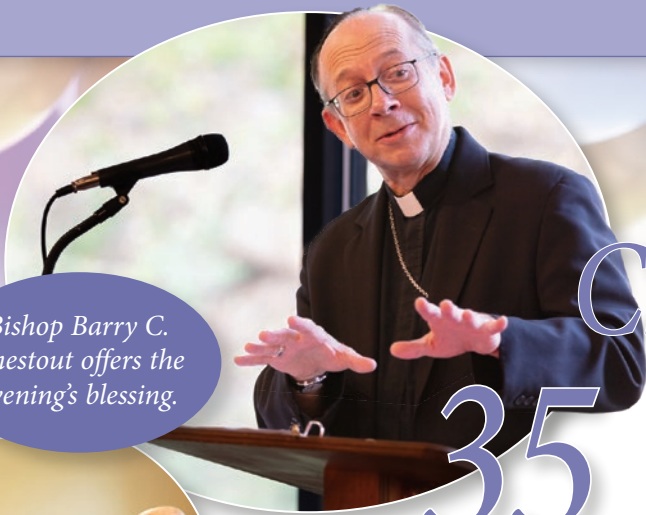


*Richard and  
Katie Pyne with  
Gail Danielson.*



# Cheers to 35 Years!

*Bishop Barry C.  
Knestout offers the  
evening's blessing.*



Our Lady of the Valley's 35th Anniversary Celebration was held on Friday, September 13. Guests were welcomed with a variety of delicious hors d'oeuvres expertly prepared by our dining team.

The evening program included remarks from CSM Senior Living Management's Robert McNichols (Founder) and Denise White (President); City of Roanoke Vice Mayor Joe Cobb; and His Excellency, Bishop Barry C. Knestout of the Catholic Diocese of Richmond.

Our Lady of the Valley's Executive Director Meagan Seale and Life Enrichment Director Hannah Porter presented gifts to the community's longest-tenured residents and team members. Following the program, guests mingled with residents and staff, enjoying food, wine, and live music by Caravan.

*Director of Life Enrichment  
Hannah Porter with  
CSM Vice President  
Dave Rawlings*



*Kathryn  
Cramer*



*Marie Waid with her  
son, David Waid.*

*Our Lady of  
the Valley's Leadership  
Team and Department  
Heads*







# The CSM Community Family

**Chesterbrook Residences**  
*Residential Living, Assisted Living*  
Falls Church, Virginia • 703-531-0781

**Marian Manor**  
*Assisted Living, Intensive Assisted Living*  
Virginia Beach, Virginia • 757-456-5018

**Mennowood**  
*Independent Living, Assisted Living, Memory Care*  
Newport News, Virginia • 757-249-0355

**Our Lady of Peace**  
*Residential Living, Assisted Living, Memory Care, Nursing Center*  
Charlottesville, Virginia • 434-973-1155

**Our Lady of Perpetual Help**  
*Extensive Assisted Living, Memory Care, Nursing Center*  
Virginia Beach, Virginia • 757-495-4211

**Our Lady of the Valley**  
*Assisted Living, Memory Care, Intermediate & Skilled Nursing Center*  
Roanoke, Virginia • 540-345-5111

**Potomac Place**  
*Assisted Living, Memory Care*  
Woodbridge, Virginia • 703-494-3817

**St. Mary's Woods**  
*Residential Living, Assisted Living*  
Richmond, Virginia • 804-658-2085

**Tall Oaks Assisted Living**  
*Assisted Living, Memory Care*  
Reston, Virginia • 703-834-9800

Our Lady of the Valley long-tenured resident Lila Sims (left), with nursing team members Teresa Carter and Pam Smith.



Anne Jessie with her mother, JoAnn Talbott.



## No Tricks, All Treats!

Ghosts, princesses, superheroes, and more came to Our Lady of the Valley for indoor Trick-or-Treating. Residents handed out candy to happy, little visitors from Roanoke Catholic School, TAP, and Northstar Childcare.

Janice Tumblin



Francis Arrington and Audrey Page

Jean McGuire hands out candy and smiles to our eager Trick-or-Treaters!





# It's Fall, Y'all!

Our annual Fall Festival has quickly become a signature event at Our Lady of the Valley. Residents and families look forward to the autumn flavors, car show, and time with loved ones!



Betty Jo Overstreet and Gay Turner with their mom, Jean McGuire.



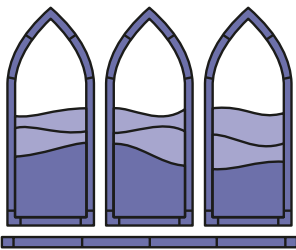
Wanda and Paul Brown with son and daughter-in-law, Peter and Katie Brown.



Raffle winner Marjory "Sue" Watson and her daughter Jennifer Watson-Jamison.



Our Lady of the Valley is nonprofit, nondenominational, and is sponsored by the Catholic Diocese of Richmond.  
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*More than care. It's family.*



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